

Lifestyle

This survey asks questions about your use of tobacco, alcohol, and drugs. This is to better understand how these things may affect your overall health. Your privacy is very important to us. Your name will be separated from your answers before they are shared with researchers.

It takes about 5-10 minutes to answer these questions. Please answer each question as honestly as possible. It is important that you answer as many questions as you can. We are looking for your own answers, and not what you think your doctors, family, or friends want you to say.

Don't feel like you have to spend a long time over each question. The first answer that comes to you is usually the best one. If you aren't sure how to answer a question, choose the best answer from the options given.

Have you smoked at least 100 cigarettes in your entire life? (There are 20 cigarettes in a pack.)?^{1, 2}

[Original Source Question Text: Have/Has you/name smoked at least 100 cigarettes in your/his/her life? Note: 100 Cigarettes = Approximately 5 Packs]

- Yes

Branching Logic: when "Yes" selected, then:

Do you now smoke cigarettes every day, some days, or not at all?^{1, 2}

[Original Source Question Text: Do/Does you/name now smoke cigarettes every day, some days, or not at all?]

- Every day
- Some days
- Not at all
- Don't know
- Prefer not to answer

How old were you when you first started regular cigarette smoking?^{1, 2}

[Original Source Question Text: How old were/was you/name when you/he/she first started smoking cigarettes FAIRLY REGULARLY?]

- Enter response

Branching Logic: when "Enter response" selected, then:

Age:^{1, 2}

-
- Don't know
 - Prefer not to answer

In the past, have you ever made a serious attempt to quit smoking? That is, have you stopped smoking for at least one day or longer because you were trying to quit?^{1, 2}

[Original Source Question Text: In the past, have you ever made a serious attempt to quit smoking? That is, have you stopped smoking for at least one day or longer because you were trying to quit?]

- Yes

Branching Logic: when "Yes" selected, then:

If you have completely stopped smoking cigarettes, about how old were you when you stopped?³

[Original Source Question Text: At what age did you last stop smoking cigarettes regularly? (Enter age last stopped smoking)]

- Enter response

Branching Logic: when "Enter response" selected, then:

Age when you stopped smoking:³

- Don't know
- Prefer not to answer

How many years have you or did you smoke cigarettes?³

[Original Source Question Text: How many years have you or did you smoke cigarettes?]

- Enter response

Branching Logic: when "Enter response" selected, then:

Number of years:³

- Don't Know
- Prefer not to answer

On average, how many cigarettes do you smoke per day now? (There are 20 cigarettes in a pack.)^{1, 2}

[Original Source Question Text: On the average, about how many cigarettes do you now smoke each day?]

- Enter response

Branching Logic: when "Enter response" selected, then:

Number of cigarettes per day:^{1, 2}

- Don't know
- Prefer not to answer

On average, over the entire time that you smoked, how many cigarettes did you smoke each day? (There are 20 cigarettes in a pack.)^{1, 2}

[Original Source Question Text: When you last smoked every day, on average how many cigarettes did you smoke each day?]

- Enter response

Branching Logic: when "Enter response" selected, then:

Number of cigarettes per day:^{1, 2}

- Don't know

- Prefer not to answer
 - No
 - Don't know
 - Prefer not to answer
-
- No
 - Don't know
 - Prefer not to answer

Have you ever used an electronic nicotine product, even one or two times? (Electronic nicotine products include e- cigarettes, vape pens, hookah pens, personal vaporizers and mods, e-cigars, e-pipes, and e-hookahs.)⁴

[Original Source Question Text: Have you ever used e-cigarettes fairly regularly?]

- Yes
 - Branching Logic: when "Yes" selected, then:*
 - Do you now use electronic nicotine products...⁴**
 - [Original Source Question Text: Do you now use e-cigarettes...]
 - Every day
 - Some days
 - Not at all
 - Don't know
 - Prefer not to answer
- No
- Don't Know
- Prefer Not To Answer

Have you ever smoked a traditional cigar, cigarillo, or filtered cigar, even one or two puffs?⁴

[Original Source Question Text: Have you ever smoked a traditional cigar, even one or two puffs?]

- Yes
 - Branching Logic: when "Yes" selected, then:*
 - Do you now smoke a traditional cigar, cigarillo, or filtered cigar...⁴**
 - [Original Source Question Text: [Do you now smoke [[CIGARFILL]s I cigarillos as blunts I filtered cigars as blunts]...]
 - Every day
 - Some days
 - Not at all
 - Don't know
 - Prefer not to answer
- No
- Don't Know

- Prefer Not To Answer

Have you ever smoked tobacco in a hookah, even one or two puffs?⁴

[Original Source Question Text: Have you ever smoked tobacco in a hookah, even one or two puffs?]

- Yes
Branching Logic: when "Yes" selected, then:

Do you smoke hookah...⁴

[Original Source Question Text: Do you now smoke hookah...]

- Every day
 - Some days
 - Not at all
 - Don't know
 - Prefer not to answer
- No
 - Don't Know
 - Prefer Not To Answer

Have you ever used smokeless tobacco products, even one or two times? (Smokeless tobacco products include snus pouches, Skoal Bandits, loose snus, moist snuff, dip, spit, and chewing tobacco.)⁴

[Original Source Question Text: Have you ever used any of the following smokeless tobacco products, even one or two times? Choose all that apply.]

- Yes
Branching Logic: when "Yes" selected, then:
Do you now use smokeless tobacco products...⁴

[Original Source Question Text: [Administrator Prompt] Has ever used smokeless tobacco, is/was a regular user, and uses every day or some days OR not at all.]

- Every day
 - Some days
 - Not at all
 - Don't know
 - Prefer not to answer
- No
 - Don't Know
 - Prefer Not To Answer

Thanks for your answers. The next questions will ask about drinking alcohol. This includes coolers, beer, wine, champagne, liquor such as whiskey, rum, gin, vodka, scotch, or liqueurs,

and also any other type of alcohol. This will help researchers better understand how alcohol affects health. As always, your answers are private.

In your entire life, have you had at least 1 drink of any kind of alcohol, not counting small tastes or sips? (By a “drink,” we mean a can or bottle of beer, a glass of wine or a wine cooler, a shot of liquor, or a mixed drink with liquor in it.)⁵

[Original Source Question Text: In your entire life, have you had at least 1 drink of any kind of alcohol, not counting small tastes or sips?]

- Yes

Branching Logic: when “Yes” selected, then:

How often did you have a drink containing alcohol in the past year?⁶

[Original Source Question Text: How often do you have a drink containing alcohol?]

- Never
- Monthly or less
- Two to four times a month
- Two to three times a week
- Four or more times a week
- Prefer not to answer

Branching Logic: when anything other than “Never” or “Prefer not to answer” selected, then:

On a typical day when you drink, how many drinks do you have?⁶

[Original Source Question Text: How many standard drinks containing alcohol do you have on a typical day?]

- 1 or 2
- 3 or 4
- 5 or 6
- 7 to 9
- 10 or more
- Prefer not to answer

How often did you have six or more drinks on one occasion in the past year?⁶

[Original Source Question Text: How often do you have six or more drinks on one occasion?]

- Less than monthly
- Monthly
- Weekly
- Daily or almost daily
- Never in the last year
- Prefer not to answer

- No
- Prefer Not To Answer

Thanks for your answers. Now we'd like to ask you about your experiences with medicines and other kinds of drugs. Some of the substances we'll talk about are prescribed by a doctor (like pain medications). We only want to know if you have taken them for reasons or in doses other than prescribed. We understand that these are sensitive questions. You may choose not to answer them. However, by providing answers, you are helping researchers better understand how these substances affect health.

In your LIFETIME, which of the following substances have you ever used?⁷

[Original Source Question Text: In your LIFETIME, which of the following substances have you ever used?]

- Marijuana (cannabis, pot, grass, hash, weed, etc.)

Branching Logic: when "Marijuana (cannabis, pot, grass, hash, weed, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used marijuana (cannabis, pot, grass, hash, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc.)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Cocaine (coke, crack, etc.)

Branching Logic: when "Cocaine (coke, crack, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used cocaine (coke, crack, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc.)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Prescription stimulants for non-medical reasons (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)

Branching Logic: when "Prescription stimulants for non-medical reasons (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used prescription stimulants for non-medical reasons (Vyvanse, Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Other stimulants (methamphetamine, speed, crystal meth, ice, k2/spice, bath salts, etc.)

Branching Logic: when "Other stimulants (methamphetamine, speed, crystal meth, ice, k2/spice, bath salts, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used other stimulants (methamphetamine, speed, crystal meth, ice, k2/spice, bath salts, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Inhalants (nitrous oxide, glue, gas, paint thinner, etc.)

Branching Logic: when "Inhalants (nitrous oxide, glue, gas, paint thinner, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used inhalants (nitrous oxide, glue, gas, paint thinner, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Sedatives or sleeping pills for non-medical reasons (Valium, Serepax, Ativan, Xanax, Librium, Rohypnol, GHB, etc.)

Branching Logic: when "Sedatives or sleeping pills for non-medical reasons (Valium, Serepax, Ativan, Xanax, Librium, Rohypnol, GHB, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used sedatives or sleeping pills for non-medical reasons (Valium, Serepax, Ativan, Xanax, Librium, Rohypnol, GHB, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Hallucinogens (LSD, acid, mushrooms, PCP, Special K, ecstasy, etc.)

Branching Logic: when "Hallucinogens (LSD, acid, mushrooms, PCP, Special K, ecstasy, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used hallucinogens (LSD, acid, mushrooms, PCP, Special K, ecstasy, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Street opioids (heroin, opium, etc.)

Branching Logic: when "Street opioids (heroin, opium, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used street opioids (heroin, opium, etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

- Prescription opioids for non-medical reasons (fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine, etc.)

Branching Logic: when "Prescription opioids for non-medical reasons (fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine, etc.)" selected, then:

In the PAST THREE MONTHS, how often have you used prescription opioids for non-medical reasons (obana, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.)?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
 - Once or twice
 - Monthly
 - Weekly
 - Daily or almost daily
 - Prefer not to answer
- None of these drugs
- Prefer not to answer
- Other (Specify)

Branching Logic: when "Other (Specify)" selected, then:

Please specify.⁸

In the PAST THREE MONTHS, how often have you used other drugs?⁷

[Original Source Question Text: In the past three months, how often have you used the substances you mentioned (first drug, second drug, etc)?]

- Never
- Once or twice
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to answer

Thank you for answering these questions. We know they are very personal.

We want to remind you that your answers will only be shared with approved researchers.

Your privacy is very important to us.

Sources

1. [The Tobacco Use Supplement to the Current Population Survey](#). Bethesda, MD: National Cancer Institute: The Division of Cancer Control and Population Sciences (DCCPS). Available from: <https://cancercontrol.cancer.gov/brp/tcrb/tus-cps>
 - a. Year of Original Source: 2003
 - b. Brief Description of Source: The National Cancer Institute sponsors the Tobacco Use Supplement to the Current Population Survey (TUS-CPS). Since 1992, the U.S. Census Bureau has administered this survey every 3-4 years as part of the Current Population Survey. The collected data is used to monitor and evaluate tobacco control progress and conduct tobacco research.
2. [Million Veteran Program \(MVP\)](#). Washington DC: U.S. Department of Veteran Affairs. Available from: <https://www.research.va.gov/mvp/>
 - a. Year of Original Source: 2011
 - b. Brief Description of Source: The Million Veteran Program is an observational cohort study of the Department of Veterans Affairs that aims to advance research on how genes affect health and illness. One million veterans are being recruited to complete surveys, provide blood samples, and participate in a health assessment. Enrollment began in 2011 and is currently ongoing.
3. [Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial \(PLCO\)](#). Bethesda, MD: National Cancer Institute: Division of Cancer Prevention. 2014. Available from: <https://prevention.cancer.gov/major-programs/prostate-lung-colorectal-and-ovarian-cancer-screening-trial>
 - a. Year of Original Source: 2008
 - b. Brief Description of Source: The Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial is a large randomized trial established to assess the relationship between cancer-related mortality screening and numerous secondary endpoints. Data on men and women aged 55 to 74 was collected from 2006-2015. The trial was conducted by the National Cancer Institute.
4. [PATH \(Population Assessment of Tobacco and Health\) Study](#). Bethesda, MD: National Institutes of Health. Available from: <https://pathstudyinfo.nih.gov/landing>
 - a. Year of Original Source: 2015
 - b. Brief Description of Source: The Population Assessment of Tobacco and Health (PATH) Study, started in 2013, is a national, longitudinal cohort study examining tobacco use and its effect on health. The PATH Study is a collaboration between the National Institute on Drug Abuse (NIDA), National Institutes of Health (NIH), and the Center for Tobacco Products (CTP) of the Food and Drug Administration (FDA).
5. [National Epidemiologic Survey on Alcohol and Related Conditions-III \(NESARC-III\)](#). Bethesda, MD: National Institute on Alcohol Abuse and Alcoholism (NIAAA). Available from: <https://www.niaaa.nih.gov/research/nesarc-iii>
 - a. Year of Original Source: 2015
 - b. Brief Description of Source: The National Epidemiologic Survey on Alcohol and Related Conditions (NESARC) is a cross-sectional survey conducted by the

National Institute on Alcohol Abuse and Alcoholism. The survey was started in 2011 and collects data on alcohol and drug use and associated risk factors and disabilities.

6. [Instrument: AUDIT-C Questionnaire](https://cde.drugabuse.gov/instrument/f229c68a-67ce-9a58-e040-bb89ad432be4). Bethesda, MD: National Institute on Drug Abuse (NIDA). Available from: <https://cde.drugabuse.gov/instrument/f229c68a-67ce-9a58-e040-bb89ad432be4>
 - a. Year of Original Source: 1998
 - b. Brief Description of Source: The Alcohol Use Disorders Identification Test-C (AUDIT-C) is a three-item screening test for identifying hazardous drinkers and individuals with alcohol use disorders. It was developed in 1998 as a short form of the World Health Organization's ten-item AUDIT questionnaire.
7. [NIDA-Modified Alcohol, Smoking, and Substance Involvement Screening Test](https://datashare.nida.nih.gov/instrument/nida-modified-alcohol-smoking-and-substance-involvement-screening-test). Bethesda, MD: National Institute on Drug Abuse (NIDA). Available from: <https://datashare.nida.nih.gov/instrument/nida-modified-alcohol-smoking-and-substance-involvement-screening-test>
 - a. Year of Original Source: 2010
 - b. Brief Description of Source: The National Institute on Drug Abuse-Modified Alcohol, Smoking, and Substance Involvement Screening Test (NM-ASSIST) is a screening tool of drug use in the primary and general medical care settings. NM-ASSIST was adapted in 2009 from the World Health Organization's Alcohol, Smoking and Substance Involvement Screening Test (ASSIST), Version 3.0.